

Summercamp 2016

NORWEGIAN AIKIDO FEDERATION INVITES YOU TO SUMMERCAMP
JULY 2th - 7th 2016

YOU ARE ALL WELCOME TO AIKIDOCAMP AT BRANDBU!

The camp will be situated at Hadeland Folkehøgskole
(www.hafos.no), 75 km north of Oslo.

Summercamp starting on Saturday from 10:00 with registration,
payment, lunch at 12:00, and mat carrying at 13:00.

The first class is at 15:30. The last class, on Thursday, is finished
at 16:00 (+30 min. mat carrying after last class).

Seminar price and payment:

6 days pass NOK 1600,- (*advance payment only).
See more information on www.aikido.no

To be paid in advance by June 10th 2016

To account no: **6188.05.46448**

IBAN: NO1461880546448 SWIFT/BIC: NDEANOKK

* If no advance payment done:

Cash payment upon arrival, + NOK 100,-

Discounts (on the whole camp fee only):

Visitors from abroad, or from the Tromsø,
Harstad and Svalbard Aikido Clubs: NOK 1300,-
Participants under the age of 18: NOK 800,-

More information on www.aikido.no, or contact
Kjetil Hatlebrekke tel: + 47 92 03 58 13

Junior Aikido:

There will be Junior Aikido classes for free both Sunday and
Monday. (Details to be announced soon on www.aikido.no).

Grading:

Please bring your aikido pass, fill in the forms and have
cash payment ready. Dan grades must apply to NAF
technical committee in advance (see more at www.aikido.no)
People from other countries/federations will need a permit
from their technical instructor to grade.

The surrounding area is attractive for nature walks and lake
swimming. See more info: <http://no.wikipedia.org/wiki/Hadeland>

NOBUAKI NAKAMURA SHIHAN, 6.DAN AIKIKAI



First Visit in Norway!

Nobuaki Nakamura Shihan began his training in aikido at
Aikido Shohei Juku, Fukuoka in 1981, and became an uchideshi
(live-in student) of Morito Suganuma Sensei (Aikikai 8th Dan,
Kyushu So-Shihan, Dojo-cho of Aikido Shohei Juku) in 1992.
He was promoted to 6th Dan and received the title of Shihan
(master) in 2009. Nakamura Shihan regularly teaches classes at
all the main Shohei Juku dojos in Fukuoka, as well as some of
the affiliated dojos and university clubs in and outside Fukuoka.
He has also been invited to seminars in Israel and Canada many
times.

BJØRN EIRIK OLSEN SHIHAN, 7. DAN AIKIKAI



Bjorn Eirik Shihan started with Aikido in Tromsø, 1977. Soon he
went to London to train Aikido full time, followed up by many
years of intensive practice in Japan.
His earlier teachers were Minoru Kanetsuka, Seiseki Abe and
Morihiro Saito, as well as several of the 'old' Hombu Dojo
instructors. The most influential teachers later became Morito
Suganuma and Minoru Inaba.
Since 1998, Bjorn Eirik has been the Chief instructor of the
Norwegian Aikido Federation. He is also teaching abroad, and
through the Aikido Guide-application, his teaching is reaching
out to Aikido students in 70 countries.

Accommodation fee :

Room with bath: 490,-
Room without bath: 395,-
Classroom: 290,-
Tent: 280,-
This include all meals and use of
sanitary at school.
Banquet dinner: 120,- (extra).

Payment terminal will be available.

Bring your own sleeping bag and
towels. See Registration Form for
details.

Washers, dryers and mattresses
will be available.

**Accommodation fee MUST be paid to
the SCHOOL on arrival.**

How to get there:

By train;

From Oslo S to Jaren station and then
take taxi to Brandbu (3 km).
(www.nsb.no/www.trafikanten.no)

By car;

Take Rv. 4 north from Oslo towards
Gjøvik.

By bus;

From Oslo to Brandbu: Take Land-
expressen bus No.153.
(www.opplandstrafikk.no).
From Oslo Airport Gardermoen:
Take a bus No.260 to Lunner Rådhus,
then change to bus No.153 or taxi
(16 km) to Brandbu.

**Location on Google Map; search for
"Hadeland Folkehøgskole"**