



# SUMMERCAMP 2013

**NORWEGIAN AIKIDO FEDERATION INVITES YOU TO SUMMERCAMP  
JULY 6 - 11 - 2013**

## **YOU ARE ALL WELCOME TO AIKIDOCAMP AT BRANDBU!**

The camp will be situated at Hadeland Folkehøgskole ([www.hafos.no](http://www.hafos.no)), 75 km north of Oslo. Starting on Saturday from 10.00 hours with registration/payment, mat carrying and lunch. The first class is at 15.30 and the last class on Thursday is finished at 16.30. The surrounding area is attractive for nature walks and lake swimming. See more info: <http://no.wikipedia.org/wiki/Hadeland>



## **HIDEKI TAKEMURA 6. DAN AIKIKAI**

Takemura Sensei was born in 1969 and started his Aikido practice in 1988. When he was studying, he was the Captain of the Kyushu University Aikido Dojo. From April 1993, he became an Uchi Deshi (full time “in-house” student) of Suganuma Sensei, and presently he is a professional instructor of Suganuma’s Shoheijuku Dojos in Western Japan.



## **BJØRN EIRIK OLSEN SHIHAN 6. DAN AIKIKAI**



Bjørn Eirik Sensei was appointed as Shihan by Moriteru Ueshiba in Aikikai Hombu dojo January 8th this year. He was among the first students to start training Aikido in Norway. He spent one year training in London with M. Kanetsuka Sensei and two years in Fukuoka where he trained intensively with Suganuma Sensei. Later on he spent four years in Tokyo where, in addition to training Aikido at The Hombu Dojo, he also trained Aikido and Kashima Shinryu with M. Inaba Sensei at Meiji Jingu Shiseikan.



## Seminar price and payment:

6 days pass NOK 1600,- (*\*advance payment only*)

Single days/classes: see "Registration" form

To be paid in advance by June 10th 2013

To account no: 3624.32.08283

Iban no.: NO48 3624 3208 283, BIC/SWIFT: SPAVNOB

Addressed to: Paul O.Tvete

Ullevålsveien 97B, 0359 Oslo, Norway

If no advance registration done:

**Cash payment upon arrival, +100 NOK**

Discounts (on the whole camp fee only):

Visitors abroad, or from the Tromsø/Harstad Aikido Clubs: NOK 1300

Participants under the age of 18: NOK 800

More information: [www.aikido.no/nafsummercamp](http://www.aikido.no/nafsummercamp)

Kjetil Hatlebrekke tel: + 47 92 03 58 13

## Accommodation fee:

Room with bath: NOK 390,-

Room without bath: NOK 350,-

Classroom: NOK 250,-

Tent: NOK 250,-

Banquet(dinner): NOK 100,-

Payment terminal will be available!

This include all meals and use of sanitary at school.

Bring your own sleeping bag and towels!

See "Registration" form for details.

Washers, dryers and mattresses will be available.

***"Accommodation fee MUST be payed to the SCHOOL"***

## Grading:

Please bring your Aikido pass, fill in the forms and have cash payment ready.

Dan grades must apply to NAF technical committee in advance, see [www.aikido.no/naf](http://www.aikido.no/naf)

People from other countries/ federations will need a permit from their technical instructor to grade.

## How to get there:



By train

From Oslo S to Jaren st. Take taxi to Brandbu (3 km).

[www.nsb.no/www.trafikanten.no](http://www.nsb.no/www.trafikanten.no)



By car

Take Rv. 4 north from Oslo towards Gjøvik.



By bus

From Oslo to Brandbu. Landexpressen; [www.opplandstrafikk.no](http://www.opplandstrafikk.no)

By bus from Oslo Airport Gardermoen to Lunner Rådhus, Take taxi to Brandbu.

## Junior Aikido:

There will be Aikido practice for juniors both Sunday and Monday.

Please [www.aikido.no](http://www.aikido.no) for more info.

Updated timetable will be posted shortly!